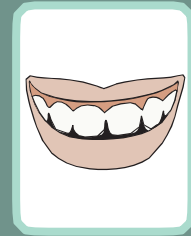
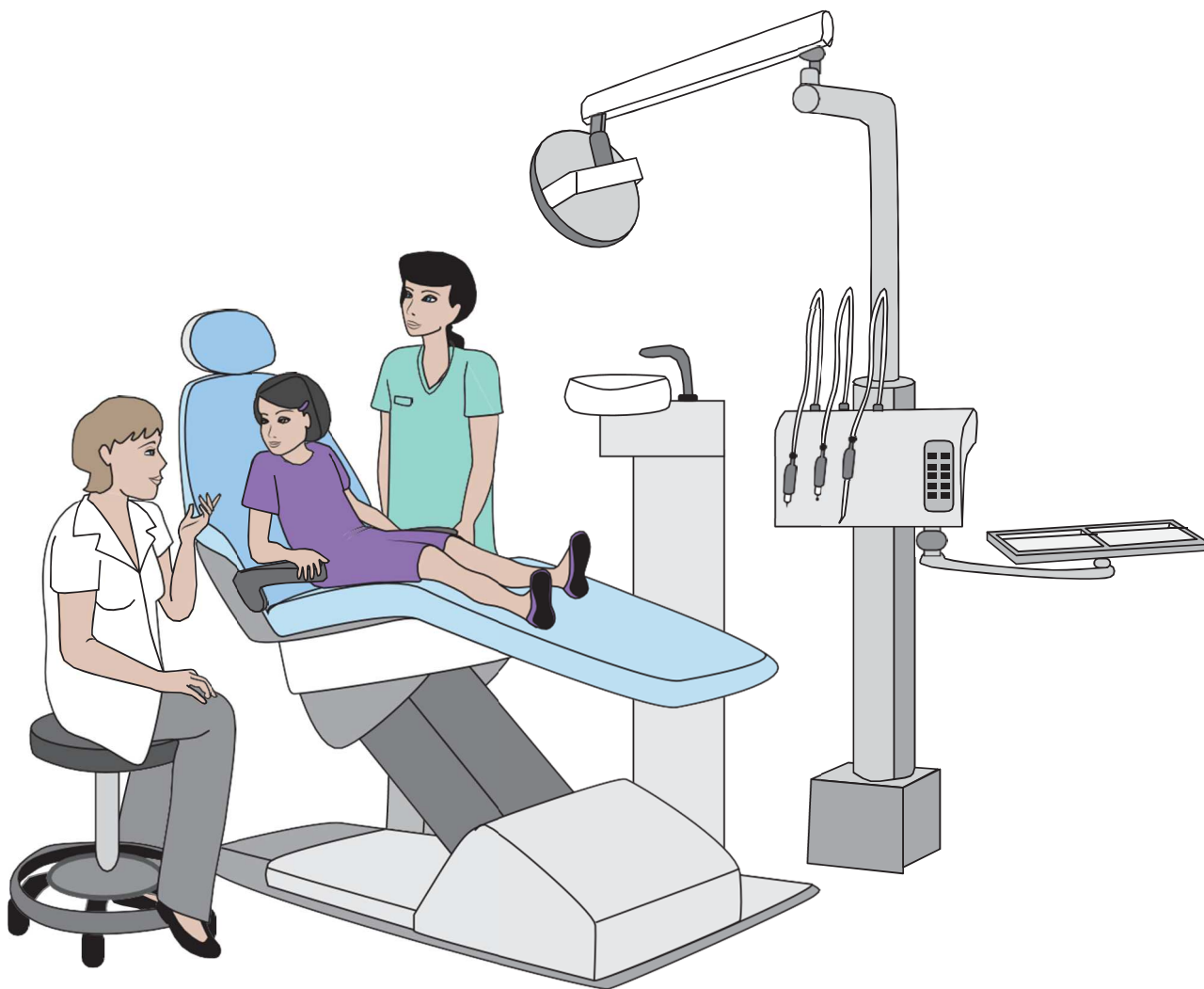


# I have an appointment at **THE DENTIST'S**

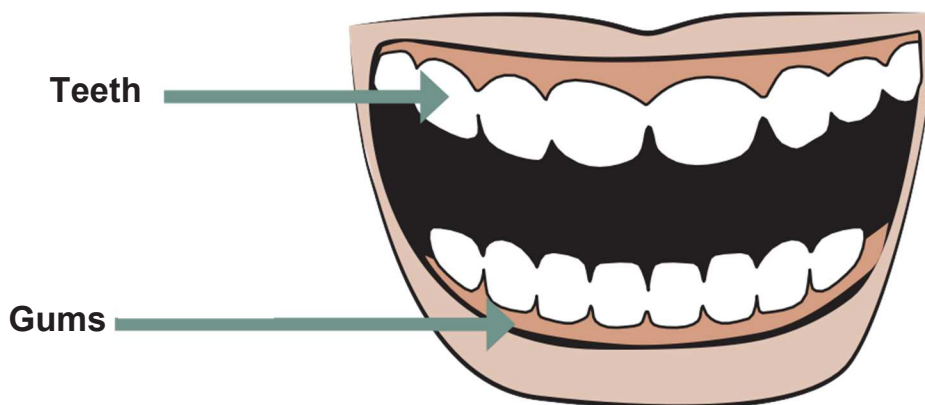


## The dental examination

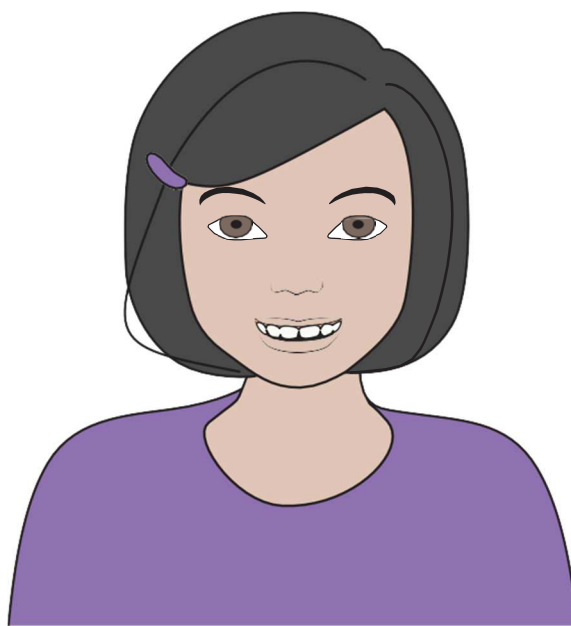
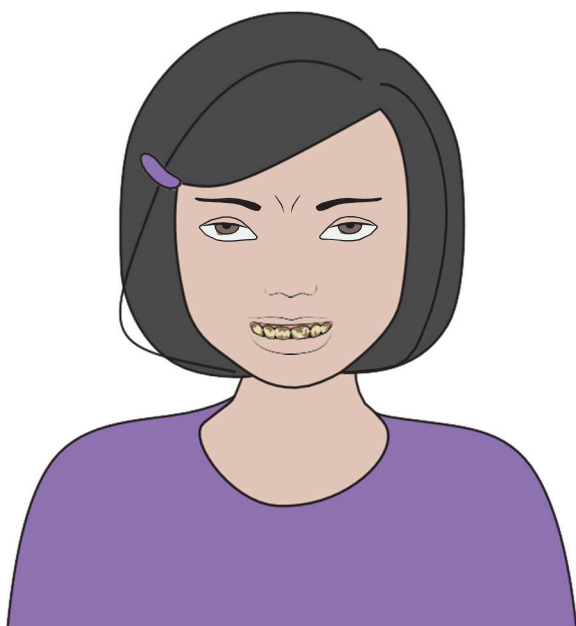


# Why do I need a dentist ?

To check that my mouth, teeth and gums are healthy.



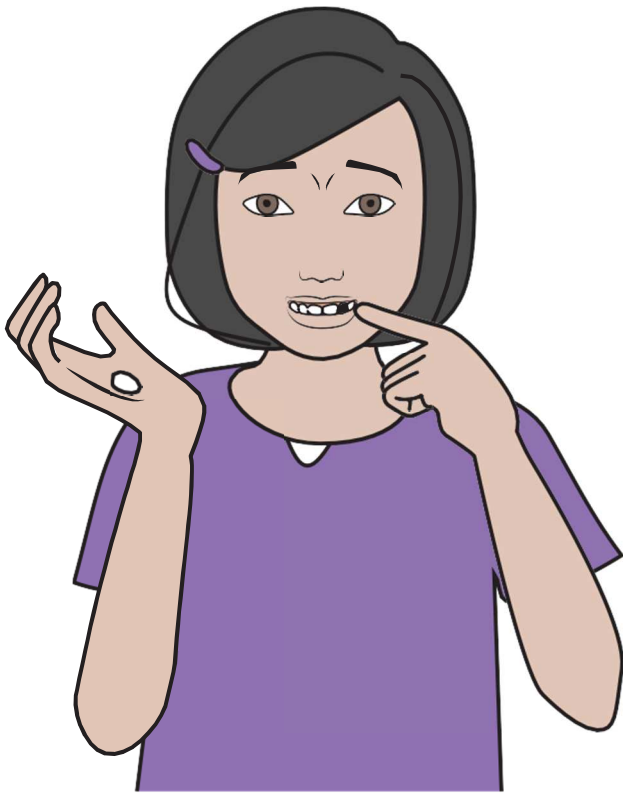
**To teach me the right way to brush my teeth.**



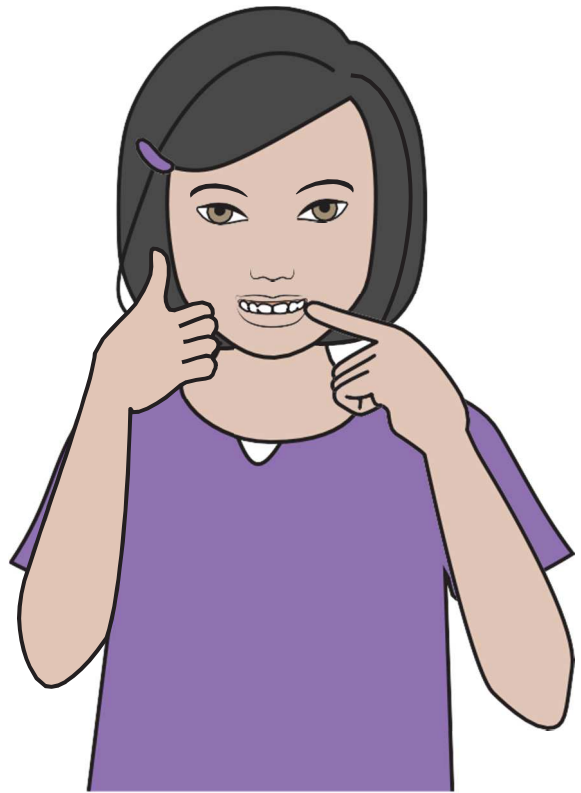
**To look after a tooth which is hurting.**



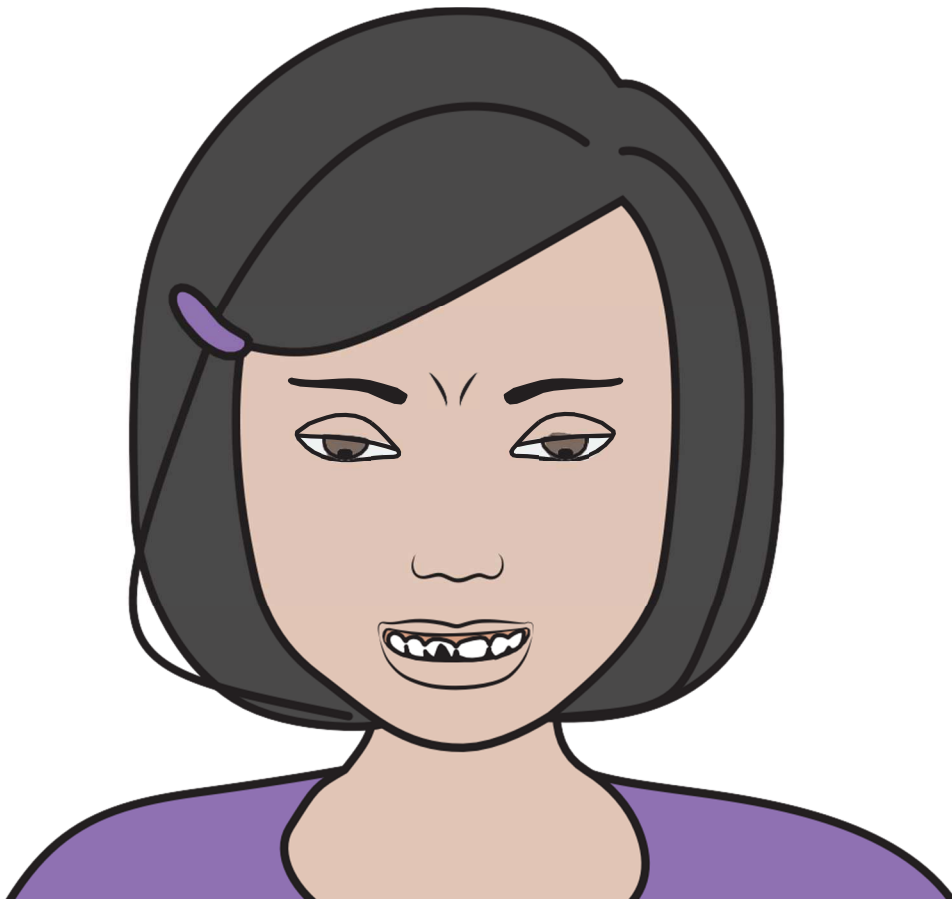
**To take out a tooth.**



**To replace a missing tooth.**

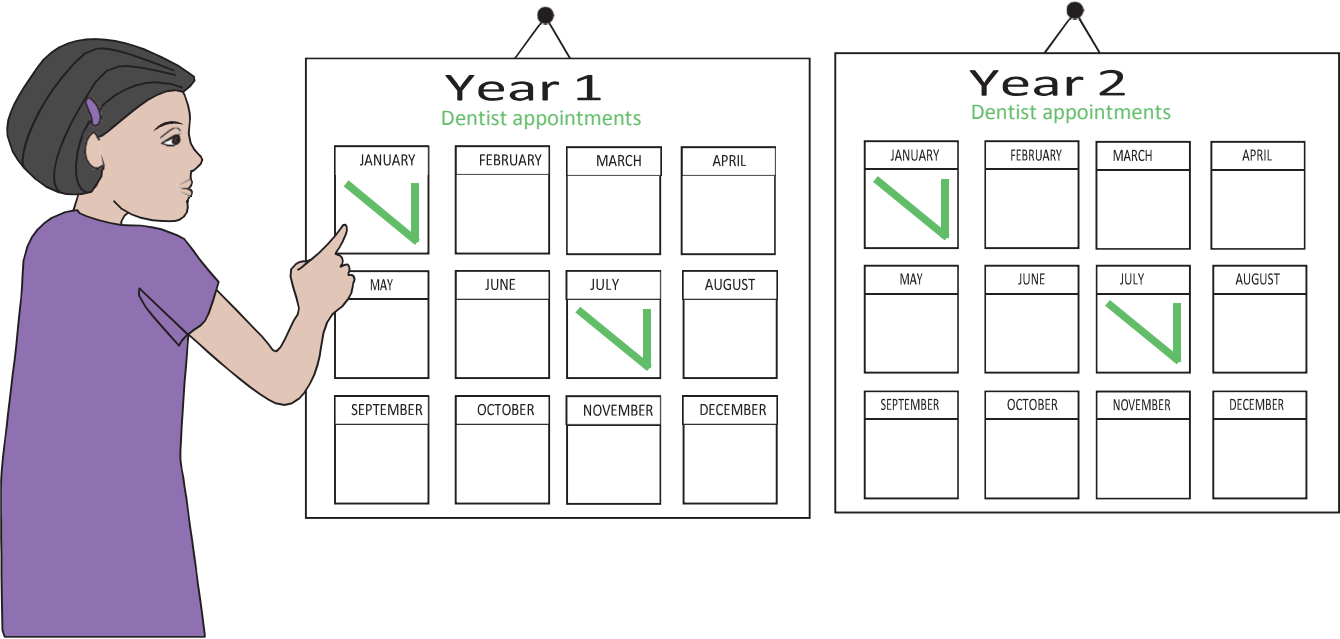


**To repair a broken tooth.**



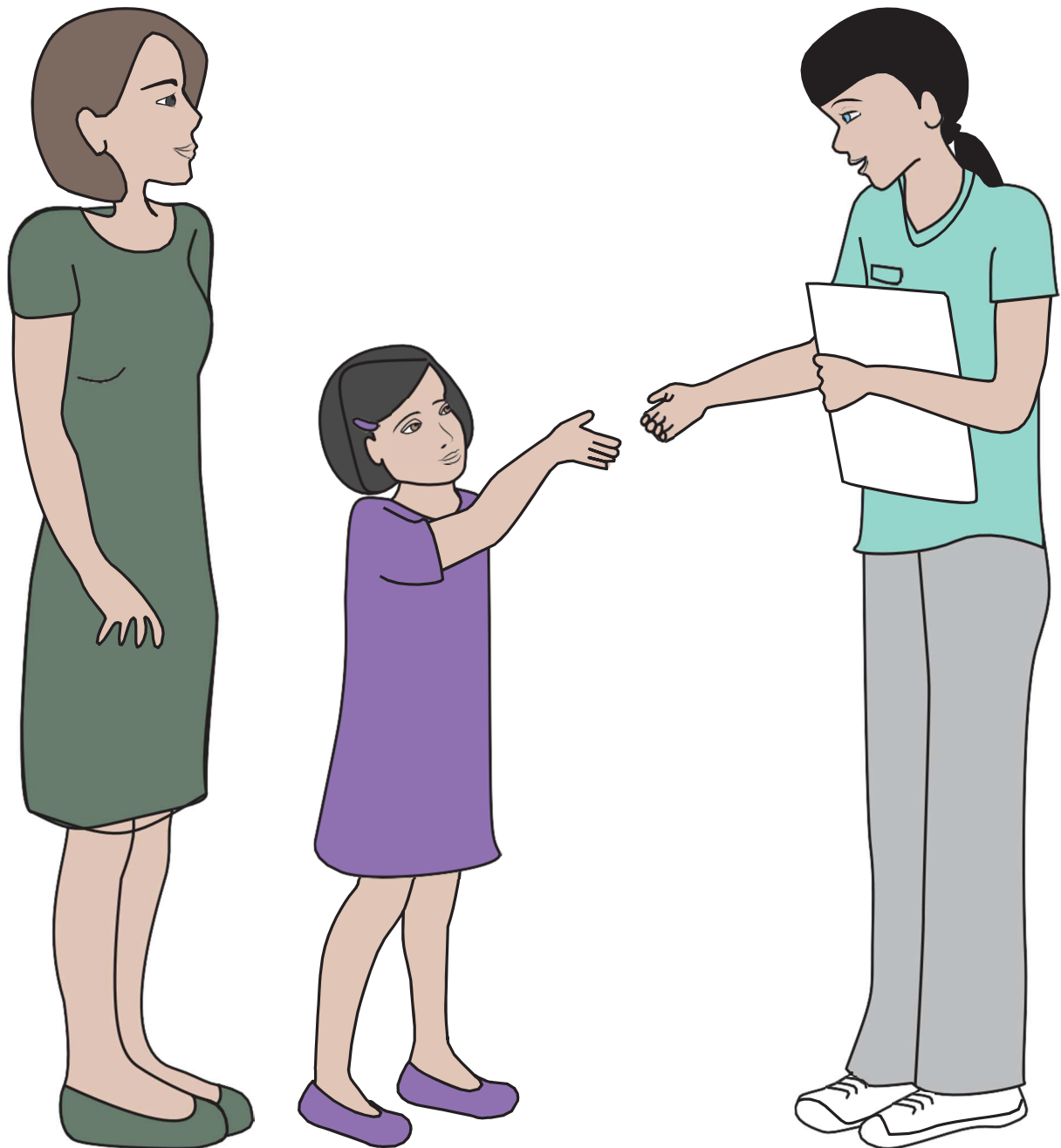
I have to go to the dentist at least twice a year.

I make the appointment even if my teeth don't hurt.

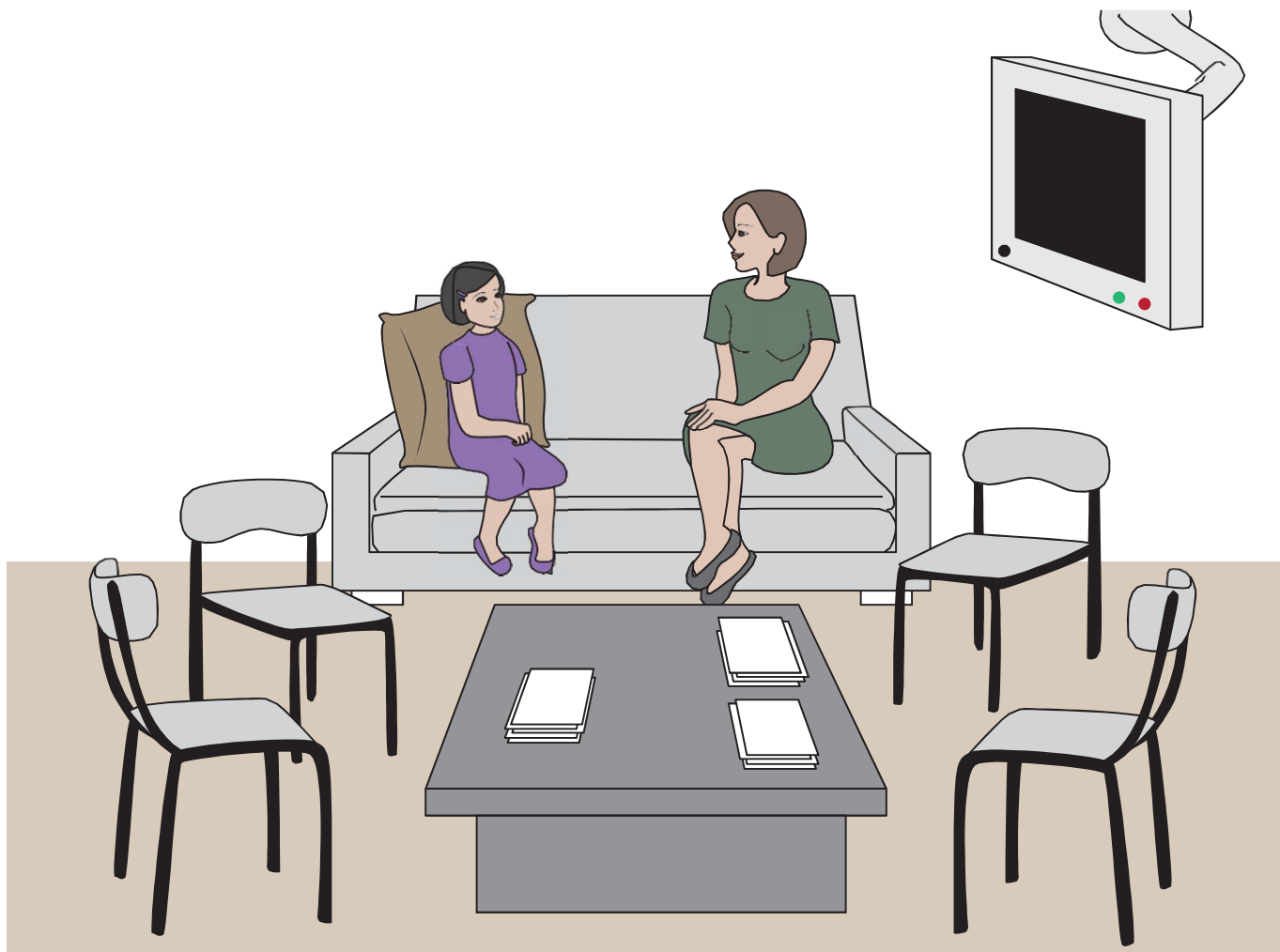


# What happens at the dentist's ?

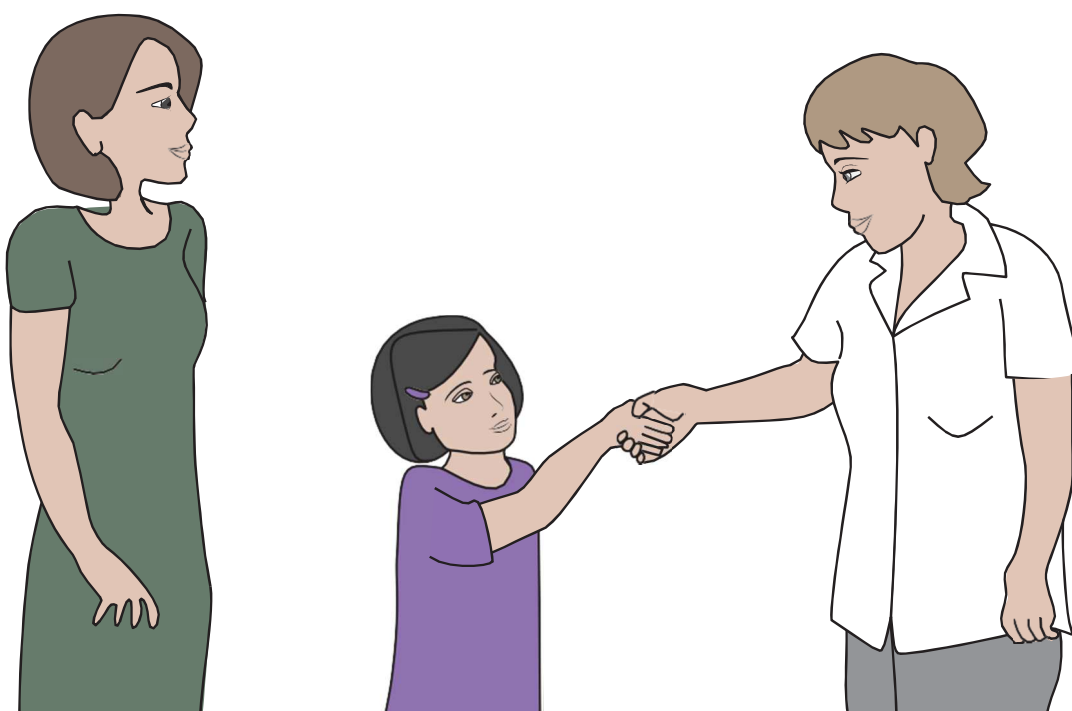
The dentist's assistant welcomes me. She helps the dentist.



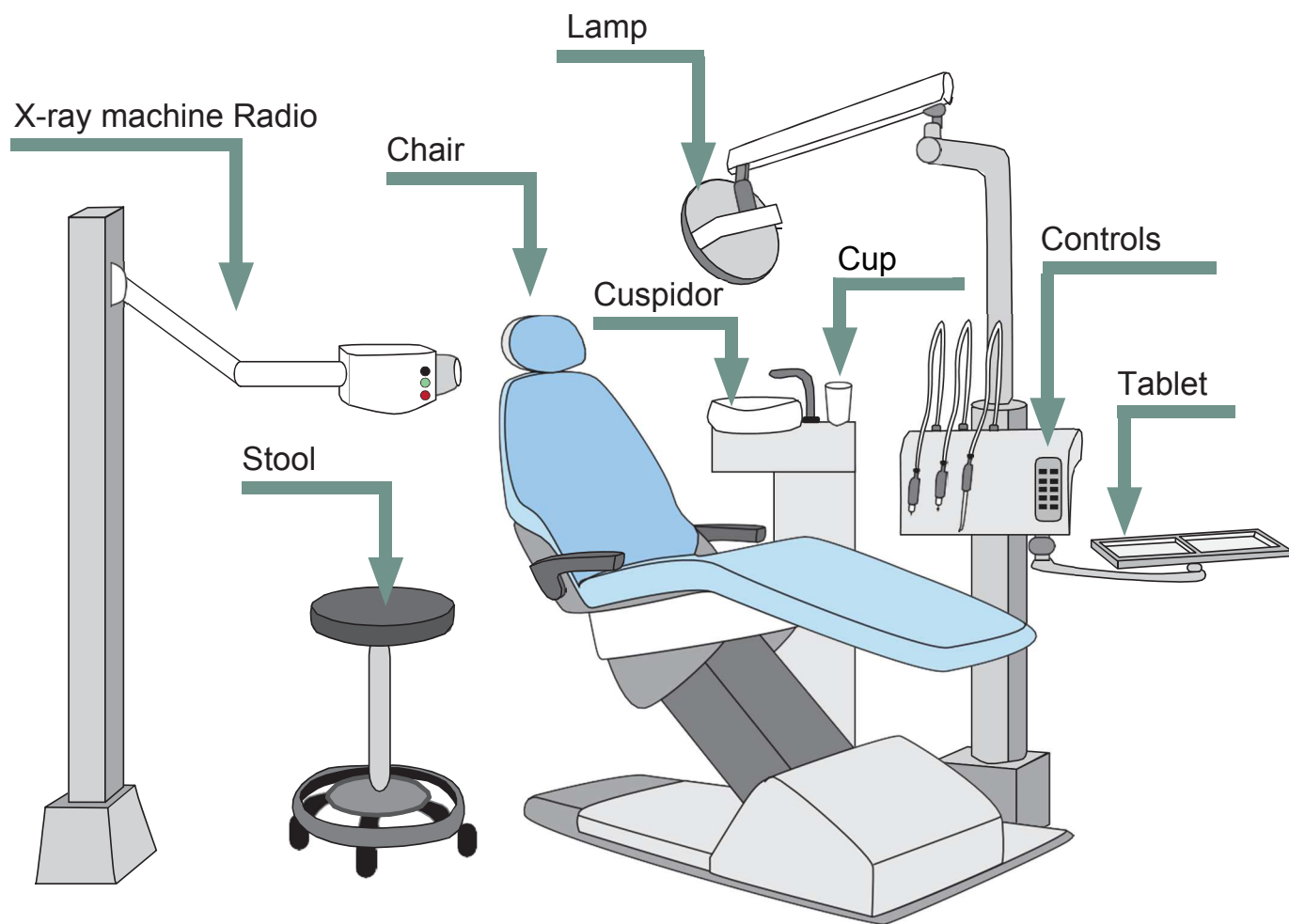
I go into the waiting room.



The dentist says hello.



**I go into the surgery.**

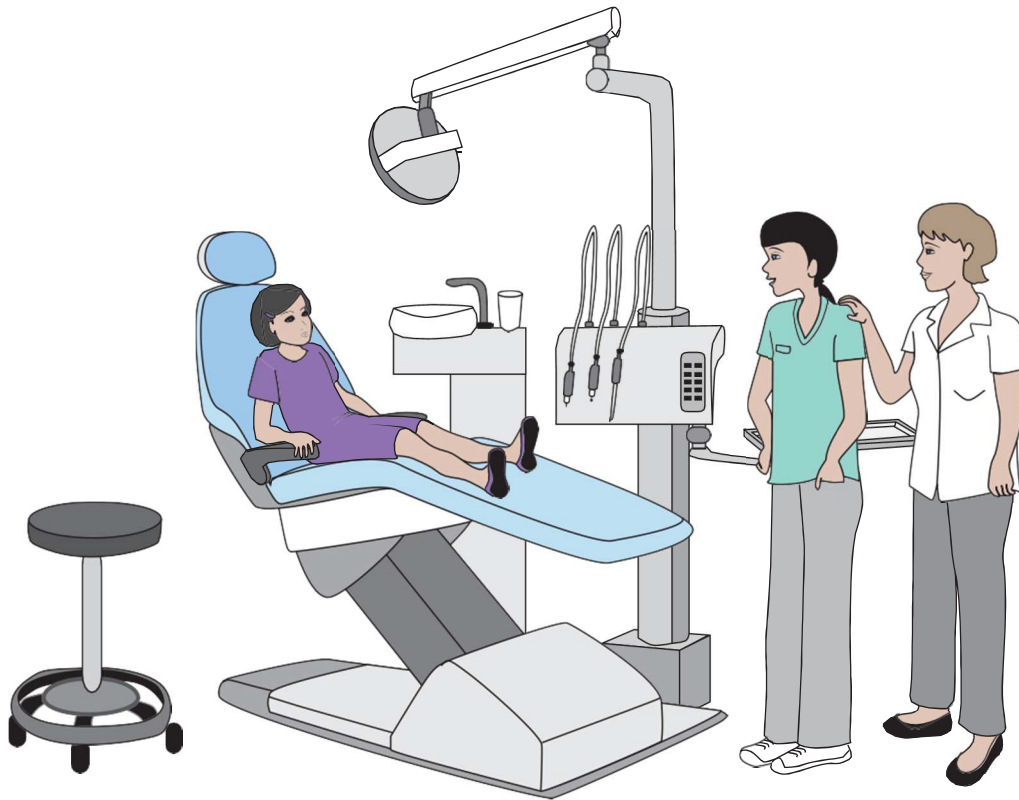


● **There's a funny smell.**





**I sit down on the chair.**



**The dentist asks me some questions.**

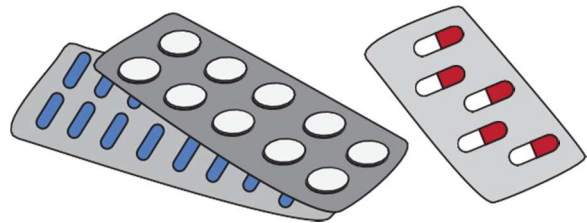


## The dentist asks me:

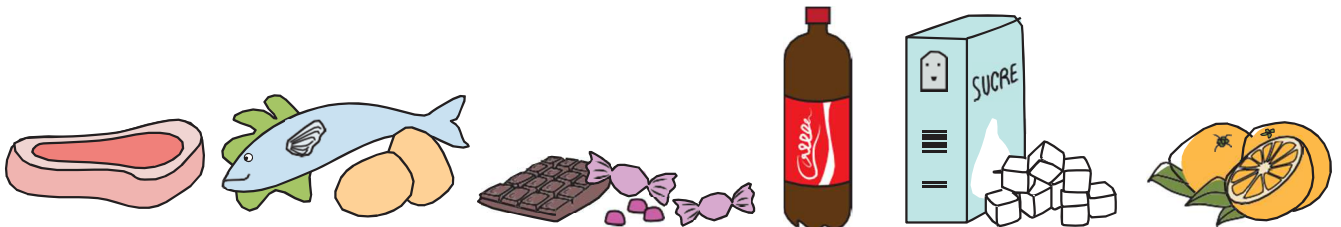
- If I'm healthy.



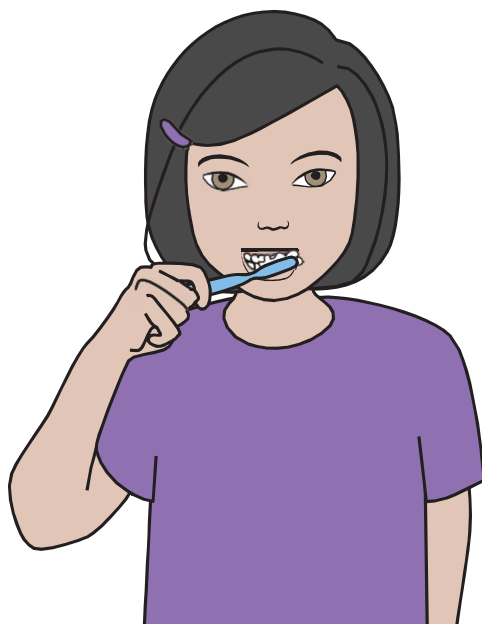
- If I take any kind of medicine.



- What I eat.



- If I brush my teeth.

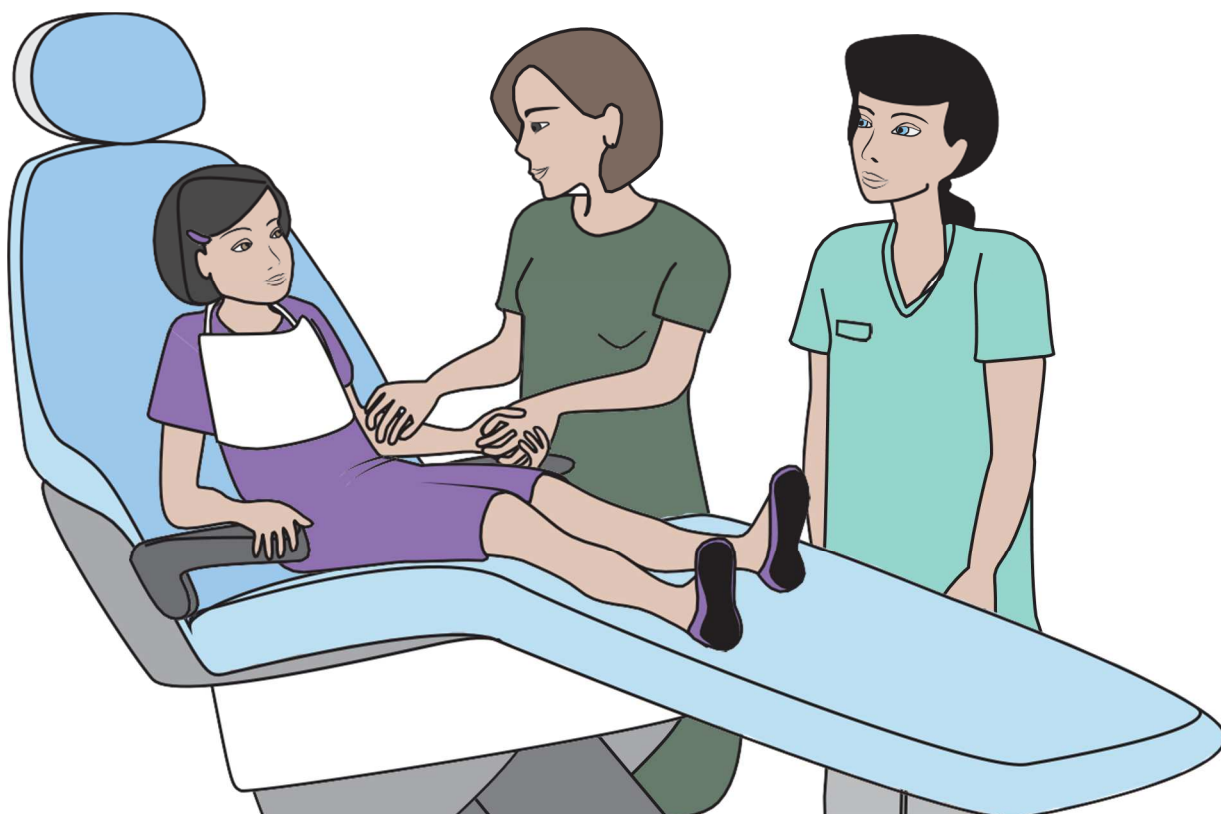


**The assistant puts a napkin around my neck.**

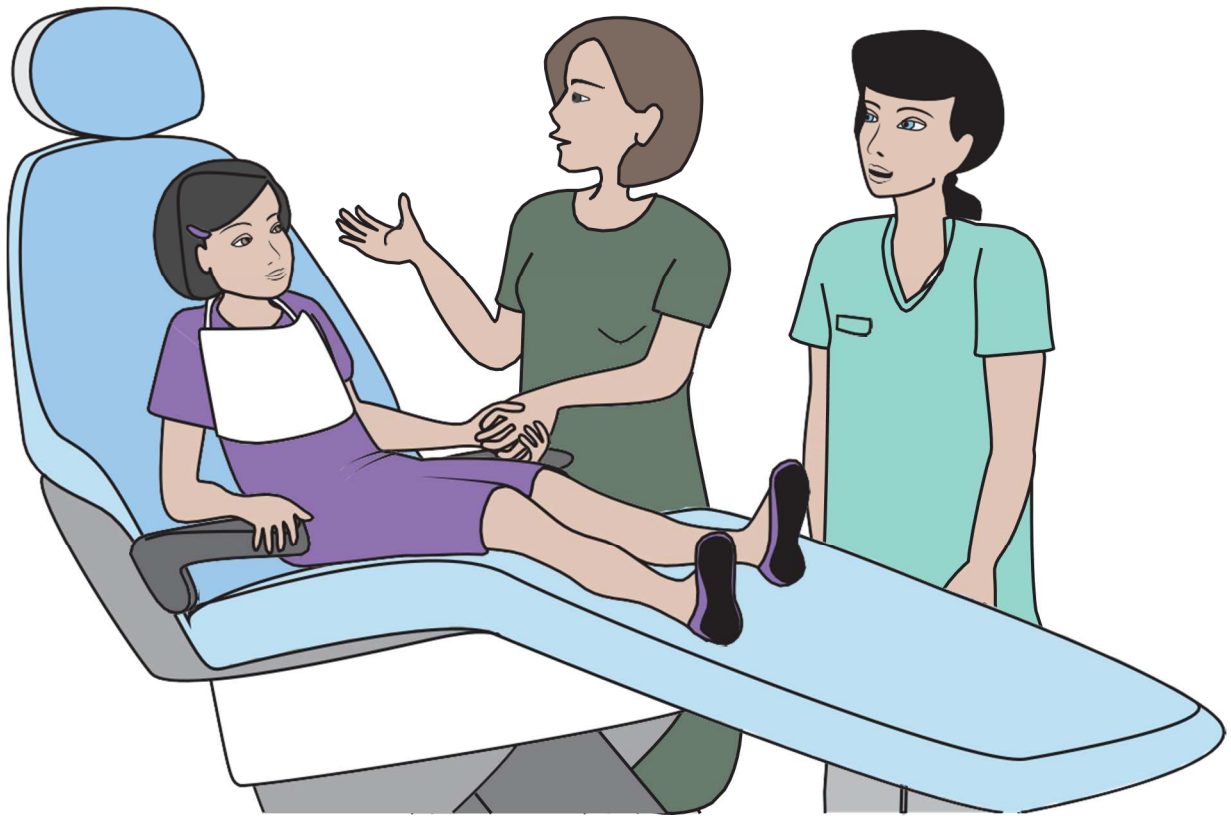


**The person who came with me and the assistant can reassure me.**

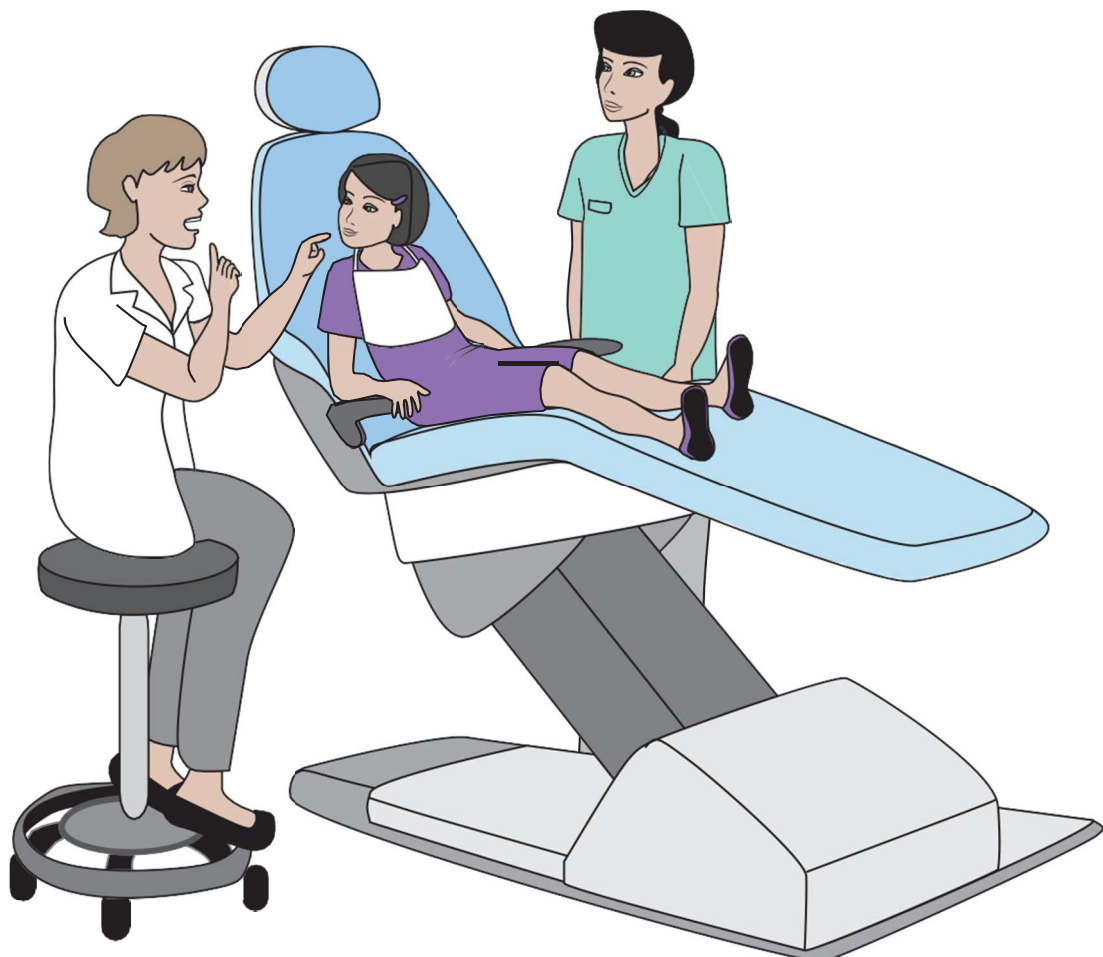
● **Hold my hand.**



● Talk to me.



The dentist explains what she is going to do.



**The dentist asks me how I want to show if it hurts.**

- I can put up my hand.



- I can make a noise.

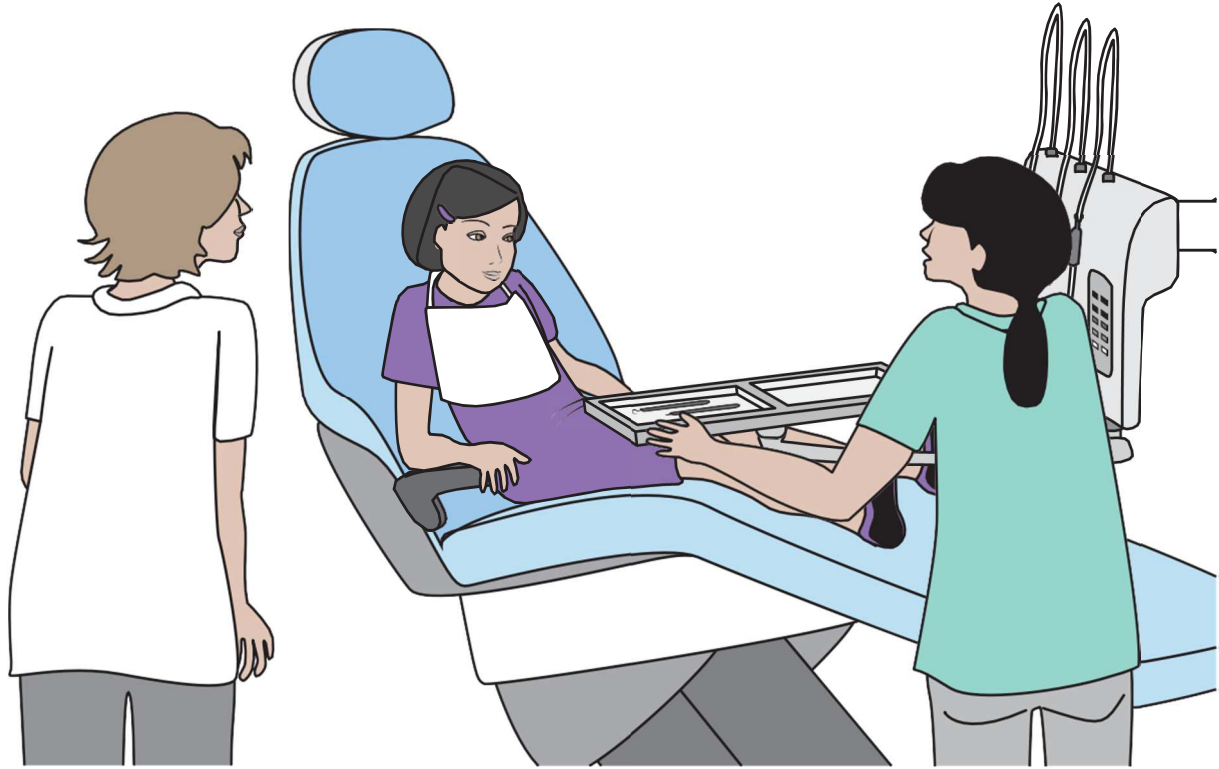


- I can squeeze the hand of the person who came with me.





**The assistant turns the tablet so it's above my knees.**



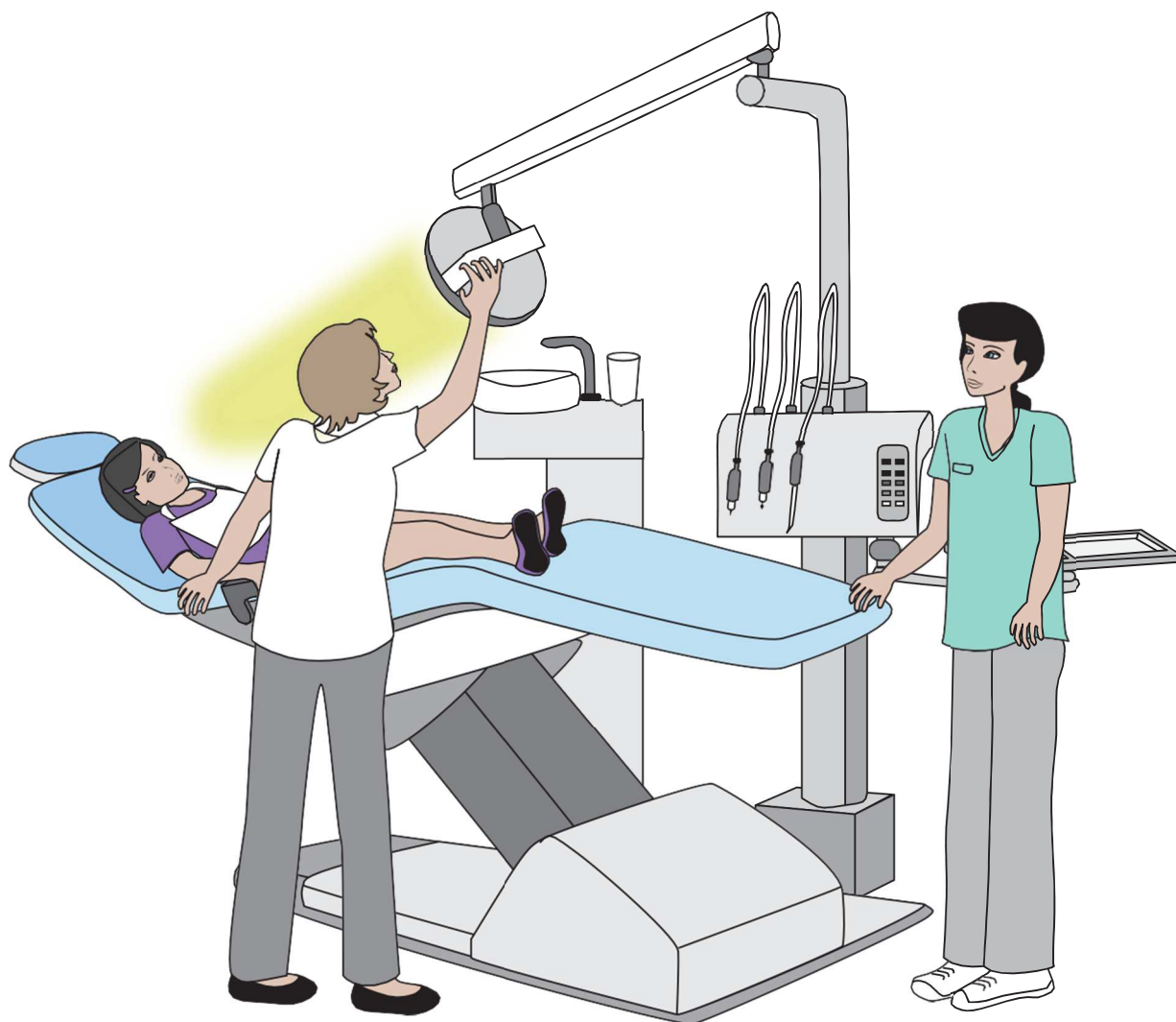
**The dentist shows me the instruments.**



**The dentist puts the chair back so I'm lying down.**



**A strong light shines in my mouth.**



**The dentist puts on gloves.**



**A mask.**



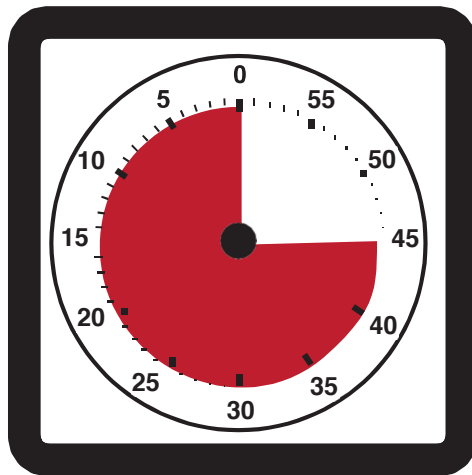
**And sometimes, big glasses too.**



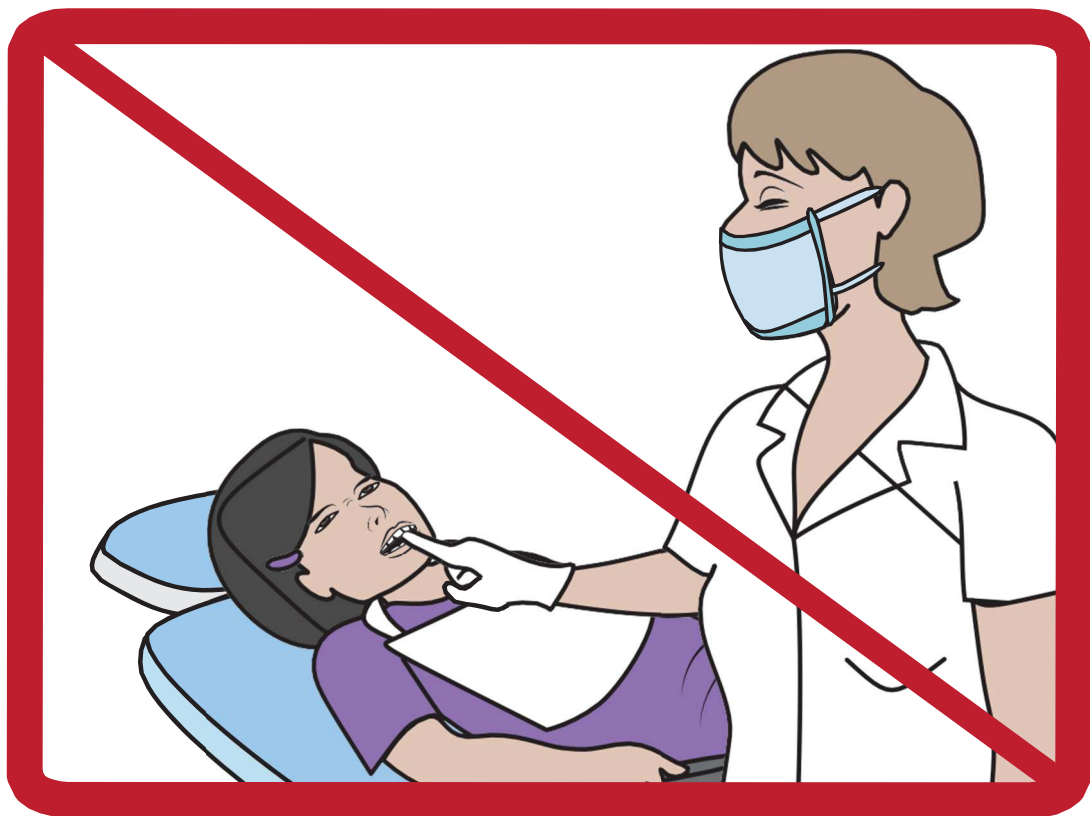


**I have to open my mouth wide.**

● **I have to keep my mouth open for a long time.**



● **I mustn't bite the dentist.**



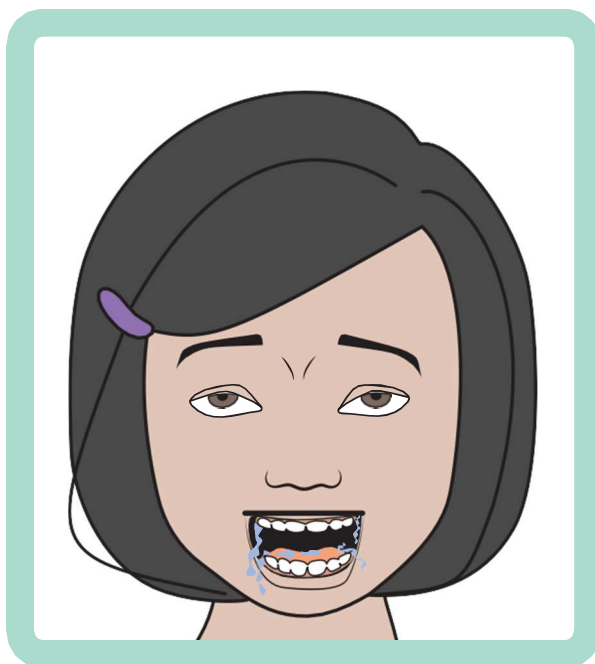
● To help me, the dentist can put a little foam wedge in my mouth.



I must not move my head.



**I can't swallow my saliva.**



● **The dentist puts a little tube in my mouth to suck out the saliva.**



**The tube makes a noise.**

**The dentist looks for holes in my teeth.**

A hole in a tooth is called a cavity.



**The dentist can use an air nozzle to dry my teeth.**

It blows air and makes a noise !



**Sometime the dentist takes an x-ray of a tooth.**

- **She puts a little plate in my mouth.**



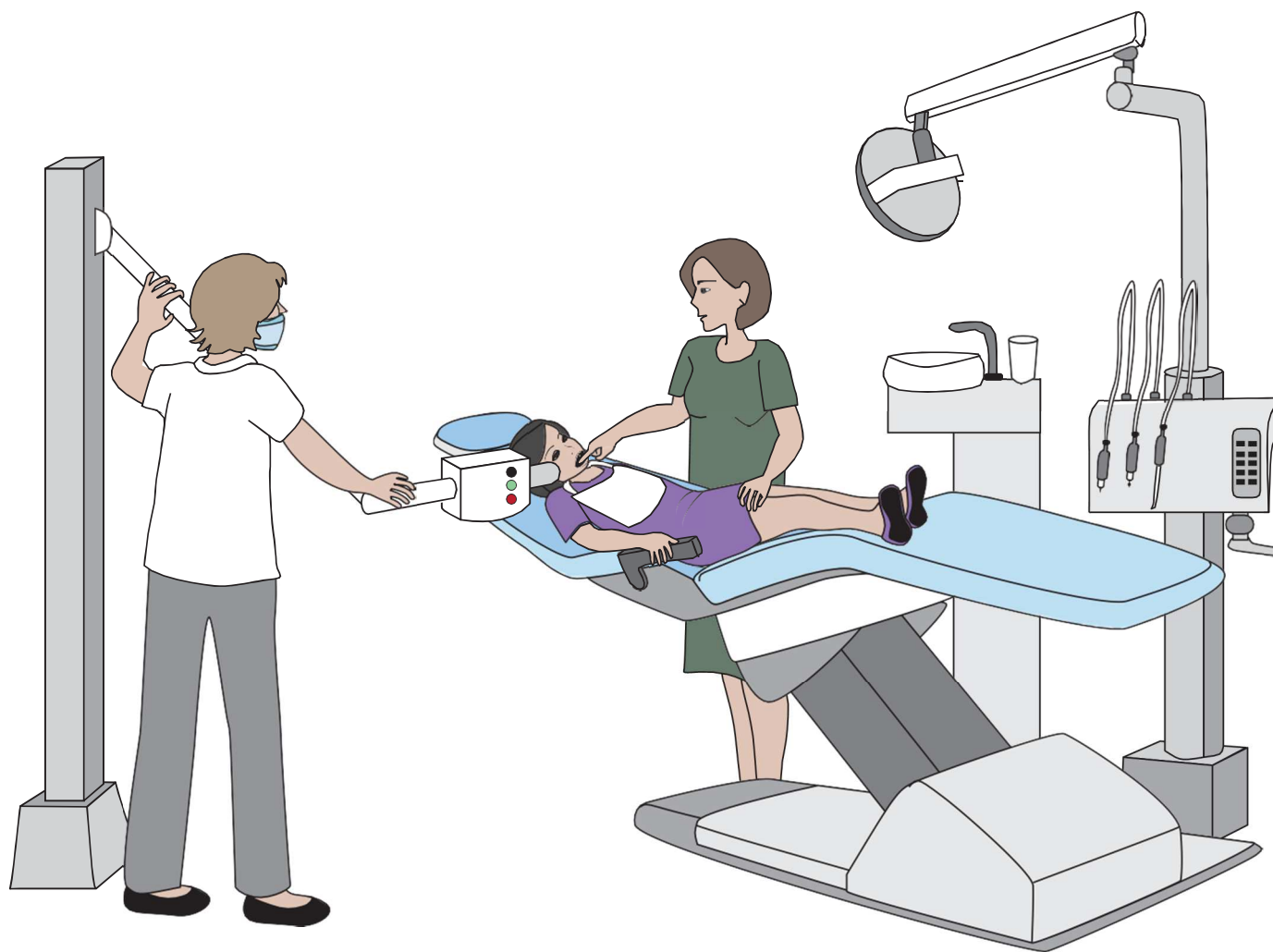
- **I hold the plate with my finger.**



- **If I can't do it, the person who came with me does it for me.**



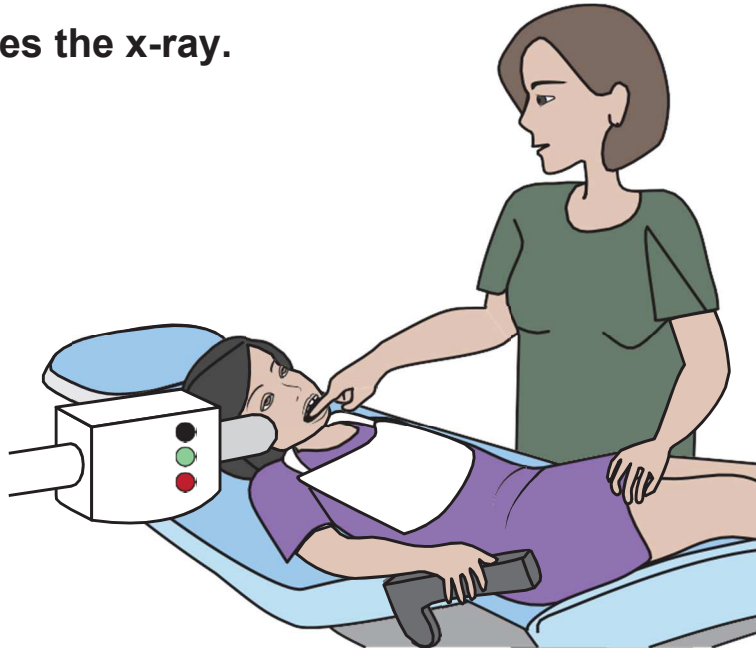
- The dentist puts a sort of tube near my cheek.



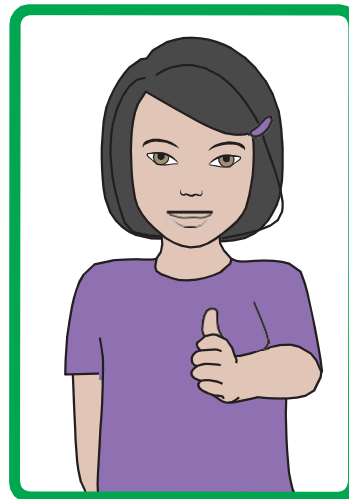
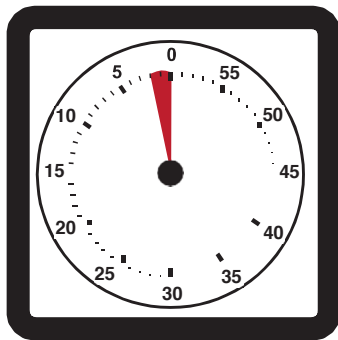
- I have to keep absolutely still !



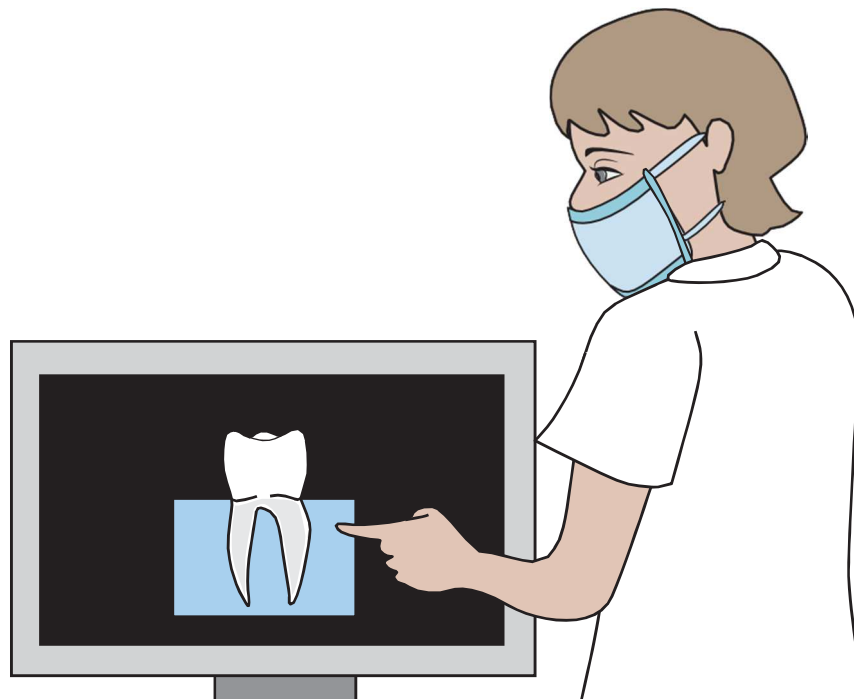
- The dentist takes the x-ray.



- It's very quick and it doesn't hurt.



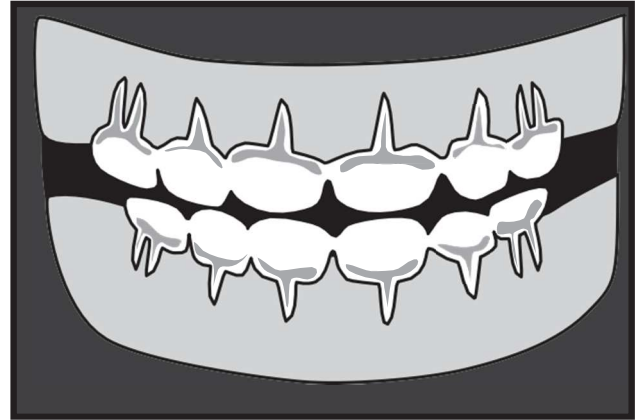
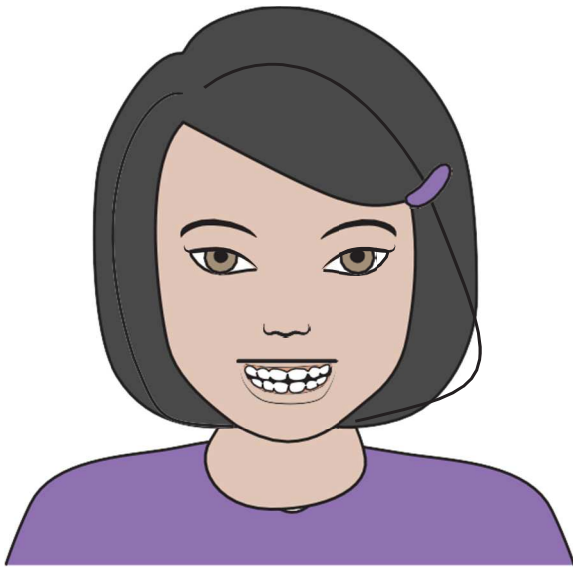
- The dentist looks at the x-ray of my tooth on the computer.



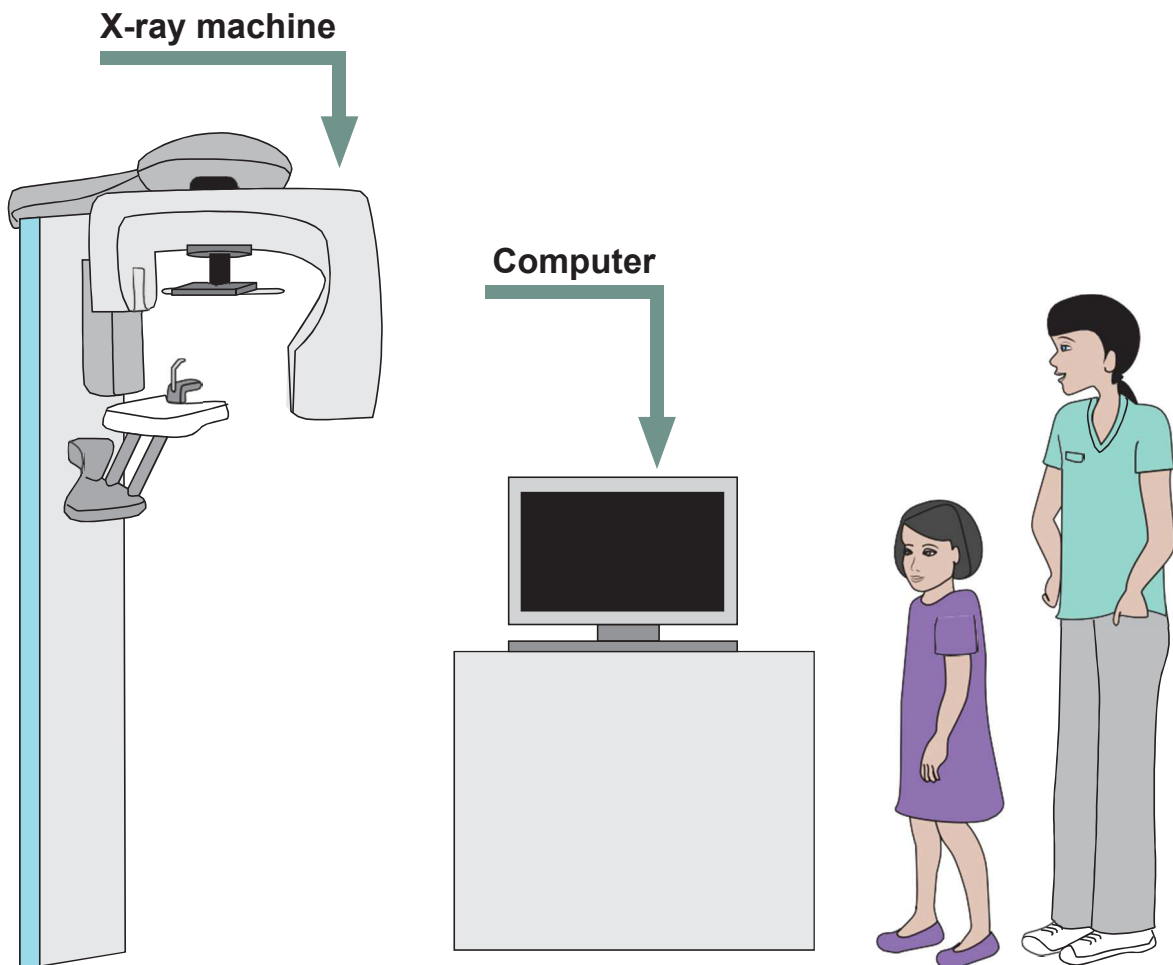


Sometimes the dentist takes a panoramic x-ray.

● That's an x-ray of all my teeth.



● I go into the x-ray room.

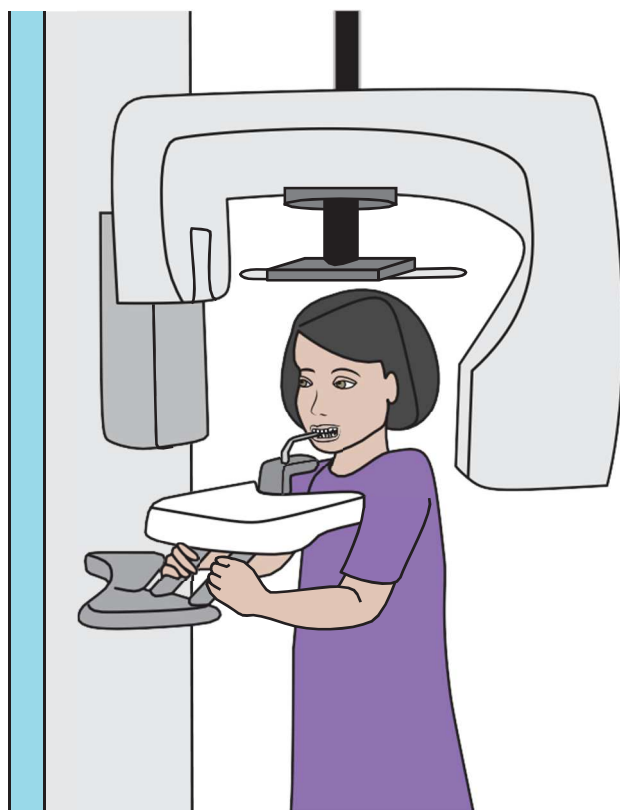




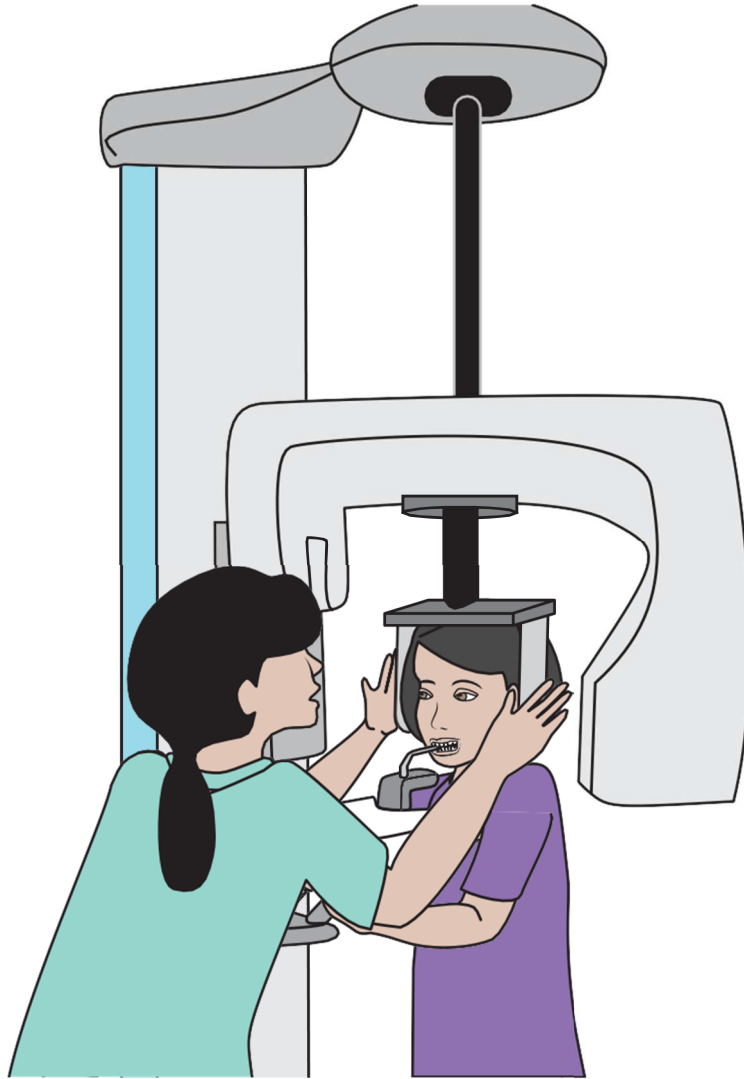
● I stand in front of the machine.



● I grip the plastic tube with my teeth.



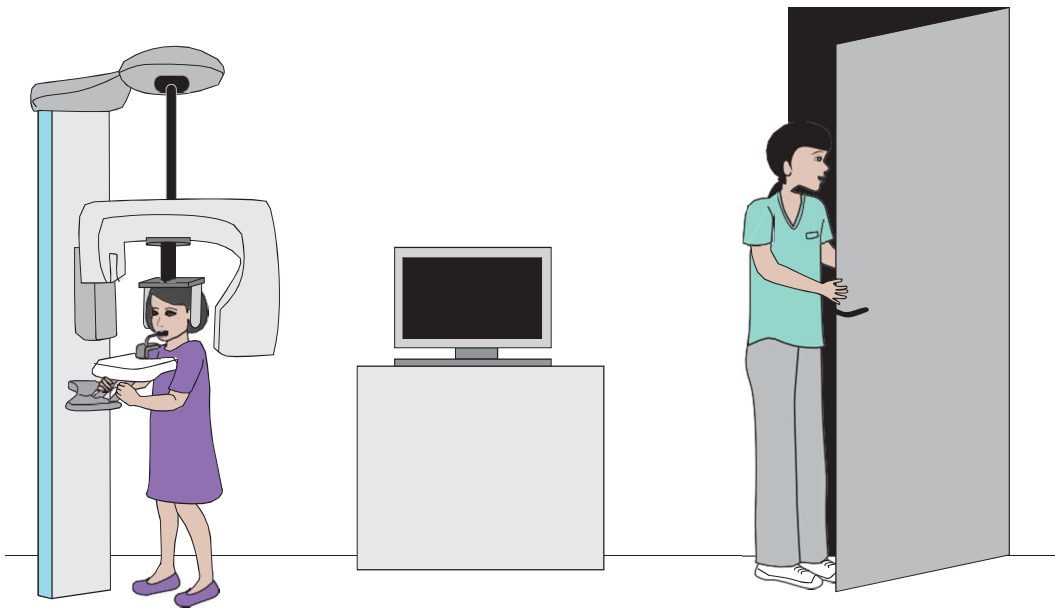
- The assistant wedges my head with two plates so I can't move it .



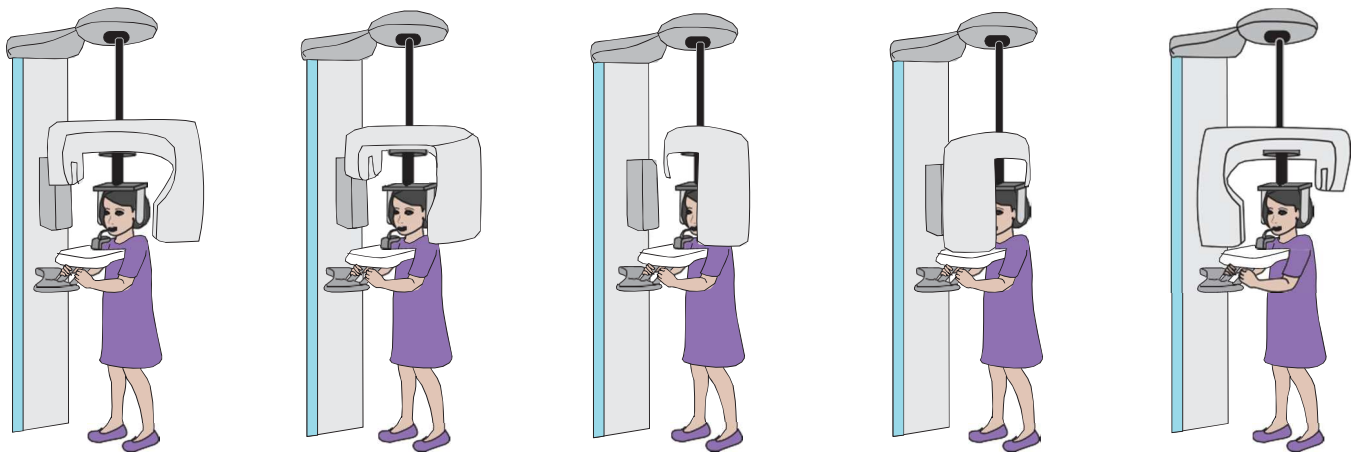
- I must stay absolutely still !



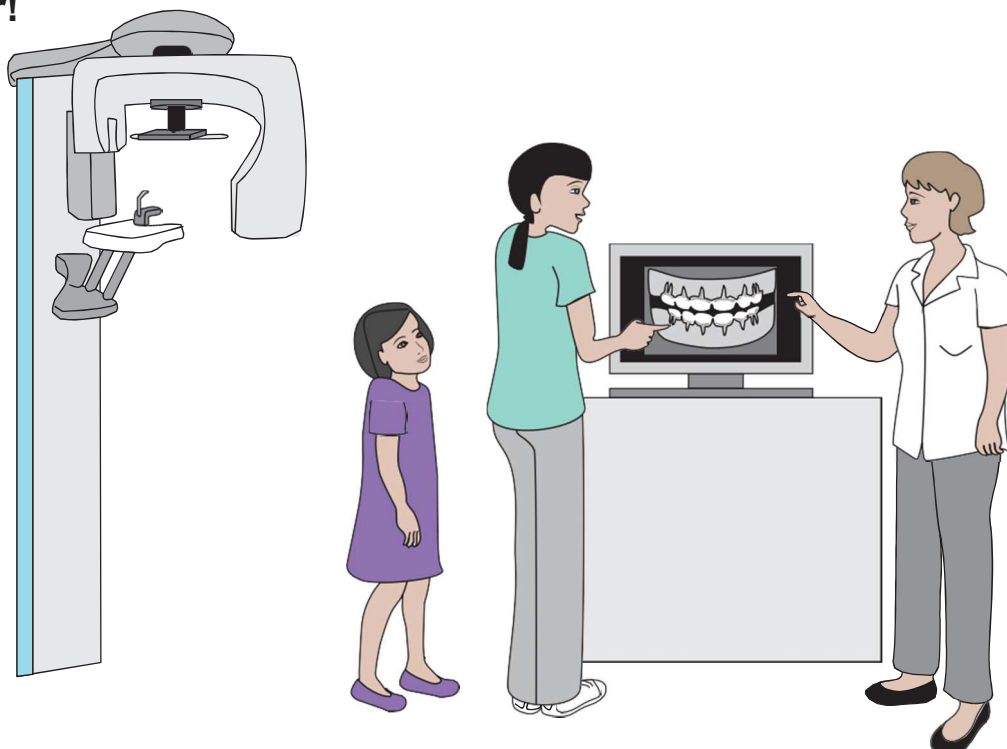
● The assistant leaves the room : I'm all alone.



● The machine goes around my head and makes a lot of noise.

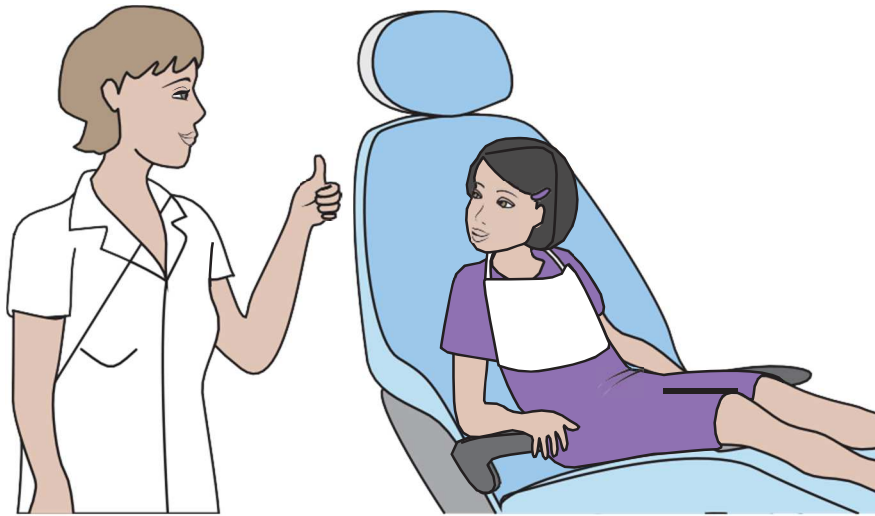


● It's over!

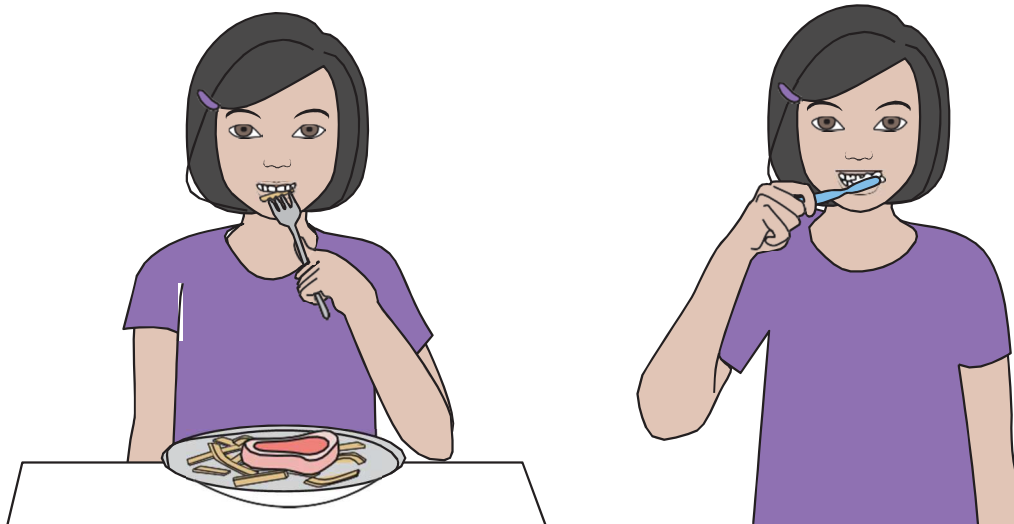


# So, there are several cases. Either:

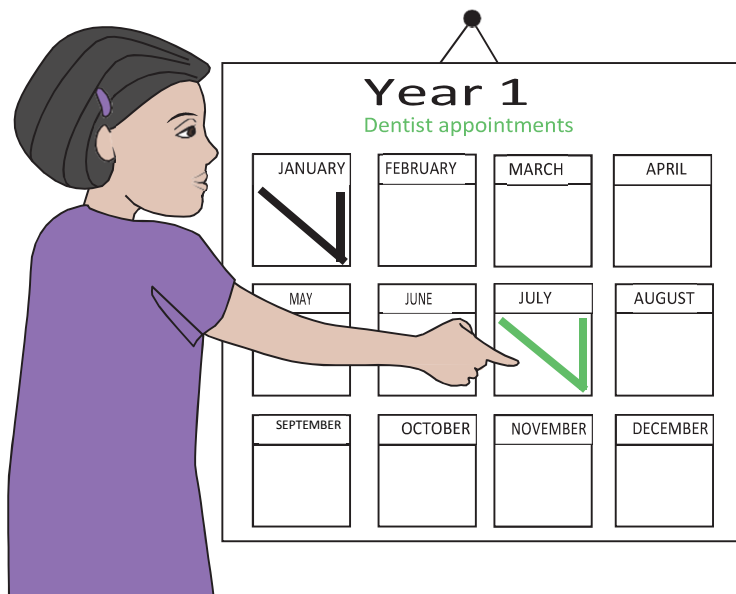
Everything is ok.



- I continue to brush my teeth after each meal.



- I'll come back again in 6 months to check that everything is still ok.



### **I have tartar on my teeth.**

- See booklet *"The dentist descales my teeth"*.

### **I have a cavity.**

- See booklet *"The dentist looks after a cavity"*.

### **I have to have a tooth replaced.**

- See booklet *"The dentist will put a crown in"*.

### **I have to have a tooth taken out.**

- See booklet *"The dentist takes a tooth out"*.

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## Where can I find SantéBD booklets?

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