Do I need glasses?
The ophthalmologist checks that my eyes move correctly

- The ophthalmologist shows me an object.
- I watch the object carefully.
- I must not move my head.
- The ophthalmologist can hold my head still to help me.

- The ophthalmologist moves the object around in front of my eyes in all directions.

- I have to follow the object with my eyes.
The ophthalmologist shows me a small light.

I look carefully at the light.
The ophthalmologist covers one of my eyes with an object. I follow the small light with my eye without moving my head.

The ophthalmologist does the same for my other eye.
The ophthalmologist checks
I can see things far away.

The ophthalmologist shows me some letters or pictures.

- The letters or pictures get smaller and smaller.

The ophthalmologist covers one of my eyes.
I have to say what I can see, even if it is very small.

If I can’t talk, I can sign it or draw it on a board.
The ophthalmologist does the same for my other eye.
The ophthalmologist checks if I can see up close.

The ophthalmologist gives me a small board with letters or pictures.

The ophthalmologist shines a strong light on the board.
I must say what I can see, even if it is very small.

The ophthalmologist does the same for my other eye.
The ophthalmologist looks at my eyes with a machine.

Sometimes the machine:

- is on the table.
- Sometimes it is portable.

I always sit the same way for every kind of machine:

- I lean forward.
- I rest my chin on the machine.
- I press my forehead gently against the machine.
- I look straight in front of me.
The person who accompanies me can help me.

I must keep my head still.
I look straight ahead.
I can see a light in the machine. I keep my eyes wide open.

The machine measures my eyes.

These measurements tell if I need glasses.
If I need glasses, the ophthalmologist tries different lenses.

The ophthalmologist puts some funny looking glasses on me.

- He opens a box of lenses.
- He tries different lenses in the funny looking glasses.

- I look at the pictures or letters.
I have to say when I can see better.

The ophthalmologist writes me a prescription for glasses.
I can go and choose some nice glasses at the optician’s store.
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