

# SANTÉBD: ENHANCING ACCESS TO HEALTH FOR PEOPLE WITH DISABILITIES

<u>SantéBD</u> is a communication tool that explains health using simple drawings and words. Presented as customisable illustrated booklets, this prevention and informational tool has managed to create a universal language to facilitate communication between patients with disabilities and health professionals, thus fostering access to treatment. Addressing a genuine need to educate on health, particularly adapted to autistic people and individuals with impaired intelligence, this tool received the Victoires national award for accessibility in June 2015.

SantéBD is a collaborative tool supported by the key institutional stakeholders in the field, such as Santé Publique France, the National Solidarity Fund for Autonomy (CNSA), and the National Health Insurance Fund (CNAM), which recognise its quality and public interest. SantéBD also benefits from sustained financial support from Fondation Handicap Malakoff Médéric, a historical partner since the beginning of its launch.

## SANTÉBD, A TOOL ACCESSIBLE TO ALL, ADAPTED TO PEOPLE WITH DISABILITIES

Initiated by the CoActis Santé Association and born of a collaboration counting numerous partners operating in the disability and health fields (patient associations, healthcare professionals, hospital federations, institutional stakeholders), SantéBD aims to improve access to health for people with disabilities all over France.

This tool addresses a public health stake: care for people with disabilities is currently difficult, random and fragmented. Many patients forego treatment due to a lack of appropriate support and tools that clearly explain health. It is by reflecting on access to treatment with respect to all types of disabilities – motor, mental, psychological and sensorial –, and without uniquely focusing on building accessibility, that the SantéBD project was born, creating a language and communication unit conceived by and for its users.

SantéBD is a genuine online library currently listing over 40 illustrated thematic booklets (with 250 customisable versions), describing processes of treatment, consultations or preventive measures. For patients, family and professional caregivers, these booklets constitute a concrete solution for reducing the anxiety linked to medical appointments by helping prepare for consultations beforehand.

The booklets thus allow patients to have clear and reassuring explanations, which help them to verbalise their questions and express their emotions. With trust established, the consultation proceeds under the best possible conditions in addition to easier medical follow-up.

## SANTÉBD, A HANDY TOOL FOR HEALTH PROFESSIONALS

On their part, health professionals benefit from a handy tool for improving care for people with disabilities: facilitating preparations for visits beforehand, enhancing understanding of the treatments, clearing up mutual apprehensions and improving direct communication with the patient. A concrete solution that facilitates the consultation process, simplifies the care journey and enhances lasting medical follow-up, particularly in terms of dental and gynaecological prevention.

## SANTÉBD, AN INNOVATIVE TOOL

SantéBD is a free digital tool that can be downloaded from the <u>www.santebd.org</u> website and consulted through the SantéBD mobile application that is available free of charge on the <u>App Store</u> and <u>Google Play</u>.

SantéBD is accessible to all, including autistic people or people with impaired intelligence: with pictures and simple words in a language that is "Easy to Read and Understand", the SantéBD booklets are the result of a specific methodology that associates experts in alternative communication, Easy-to-Read, autism, aphasia, as well as impaired intelligence, sight and hearing. The booklets are equally for children, adults seeking to gain a better understanding of their health and people who do not understand French, among others.

SantéBD adapts to each user: all the booklets are customisable, designed into several versions at the user's discretion based on age, gender and the user's difficulties (reduced mobility, impaired intelligence, autism, aphasia, visual or hearing impairment).

Lastly, SantéBD is subject to continuous improvement, while accounting for users' feedback over time.

SantéBD was produced thanks to the financial support of:



### SantéBD is the result of a collaborative process counting over 50 partners and is coordinated by the CoActis Santé Association:



About CoActis Santé: An association established according to the Act of 1901, CoActis Santé is committed to ensuring effective access to health and treatment for people with disabilities. The works of CoActis Santé concern all types of disabilities: motor, mental, psychological or sensorial. CoActis Santé projects itself beyond the Act of 2005 on accessibility, and operates an innovative approach to health by offering concrete tools for inclusion, in addition to ending discrimination. From January to June 2013, CoActis Santé contributed to the mission entrusted to Pascal Jacob by the Minister Marie-Arlette Carlotti regarding access to treatment for people with disabilities, by facilitating the "local establishments" workshop. For more details: <a href="http://www.coactis---sante.fr/">http://www.coactis---sante.fr/</a>

Fondation Handicap Malakoff Médéric: Created in October 2013 in order to bind Malakoff Médéric's historical commitment to support people with disabilities, the Handicap Malakoff Médéric corporate foundation aims to enhance access to health and employment for people with disabilities. Fully dedicated to disabilities, the foundation's watchwords are "Let's be generation action!" To this effect, it identifies innovative projects and engages in long-term commitment in order to allow the most relevant ideas or products to be generalised across the country. The projects are evaluated by an orientation committee comprised of disability experts. A one-of-a-kind forum for analysis and determining prospects, its "Observatory for the employment of disable people in companies" provides regular meetings for companies. The Fondation Handicap Malakoff Médéric is endowed with an annual budget of 2 million euros. For more details: <a href="http://www.fondationhandicap---malakoffmederic.org/">http://www.fondationhandicap----malakoffmederic.org/</a>